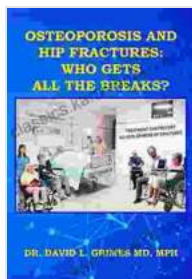


Who Gets All The Breaks: Uncovering the Hidden Biases in Our Institutions



Hip Fractures and Osteoporosis: Who Gets All the Breaks? by Christian Donlan

★★★★☆ 4.5 out of 5

Language : English
File size : 7654 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 45 pages
Lending : Enabled



By Sarah Kaplan

Why do some people seem to get all the breaks, while others struggle to get ahead? Sociologist and author, Sarah Kaplan, explores the hidden biases that shape our institutions and examines the ways in which these biases can create unfair advantages for some and systemic barriers for others.

Through her research and personal stories, Kaplan provides actionable steps we can take to create a more equitable society. In her book, ****Who Gets All The Breaks****, Kaplan argues that the playing field is not level and that hidden biases are holding many people back from reaching their full potential.

The Problem of Hidden Biases

Hidden biases are unconscious preferences or prejudices that we all carry. These biases can affect our decisions and behaviors without us even realizing it. For example, a study by the National Bureau of Economic Research found that black applicants with equally qualified resumes were less likely to get callbacks for job interviews than white applicants.

This is just one example of how hidden biases can create unfair advantages for some and systemic barriers for others. Hidden biases can also lead to discrimination in housing, education, healthcare, and other areas of life.

The Impact of Hidden Biases

The impact of hidden biases is far-reaching. For individuals, hidden biases can lead to lower self-esteem, less opportunity, and fewer resources. For society as a whole, hidden biases can contribute to inequality, poverty, and crime.

It is important to recognize that hidden biases are not the same as overt discrimination. Hidden biases are unconscious and unintentional. However, the impact of hidden biases can be just as harmful as overt discrimination.

What Can We Do About Hidden Biases?

There are a number of things we can do to address the problem of hidden biases. First, we need to be aware of our own biases. Once we are aware of our biases, we can take steps to mitigate their impact.

Second, we need to challenge hidden biases when we see them. If we see someone making a decision that seems biased, we should speak up. We

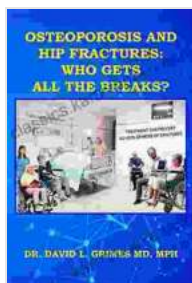
can also challenge hidden biases in our own institutions and organizations.

Finally, we need to create more inclusive institutions and organizations. This means creating policies and practices that are fair and equitable for everyone.

Hidden biases are a serious problem that can have a devastating impact on individuals and society as a whole. However, there are a number of things we can do to address this problem. By being aware of our own biases, challenging hidden biases when we see them, and creating more inclusive institutions and organizations, we can create a more equitable society for everyone.

Free Download your copy of ****Who Gets All The Breaks**** today and learn more about the hidden biases that are holding us back.

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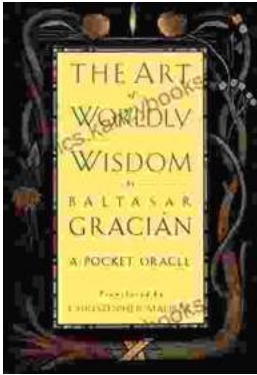
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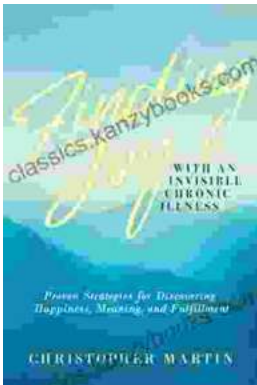
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