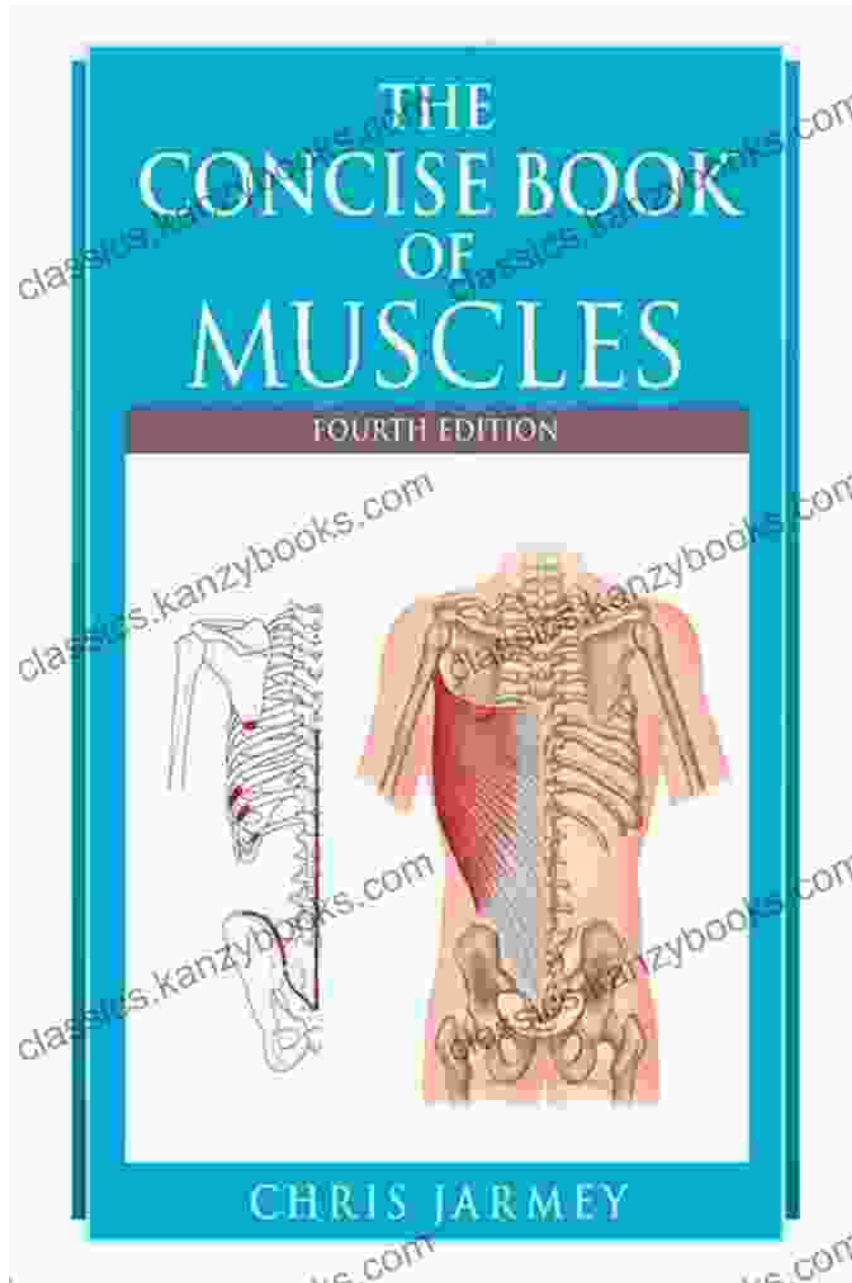


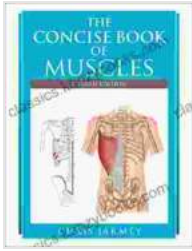
Unveiling the Secrets of Human Movement: "The Concise Book of Muscles, Fourth Edition"



The Concise Book of Muscles, Fourth Edition

by Chris Jarney

★★★★☆ 4.8 out of 5



Language	: English
File size	: 118380 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Print length	: 566 pages
Screen Reader	: Supported



Prepare to delve into the captivating realm of human anatomy as "The Concise Book of Muscles, Fourth Edition" unveils the intricate workings of the musculoskeletal system. This indispensable guide is a must-have for fitness professionals, students, and anyone seeking to master the art of movement.

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- Exercise scientists
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- Athletic coaches
- Healthcare practitioners
- Anyone interested in human anatomy and movement

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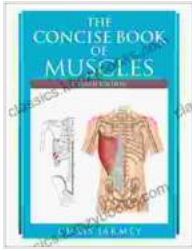
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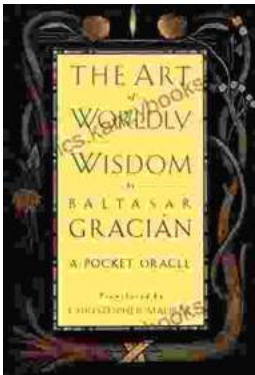
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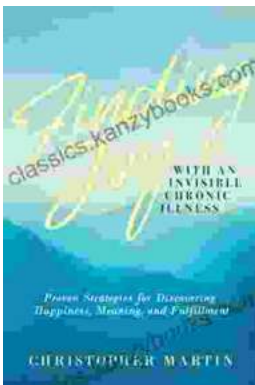
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