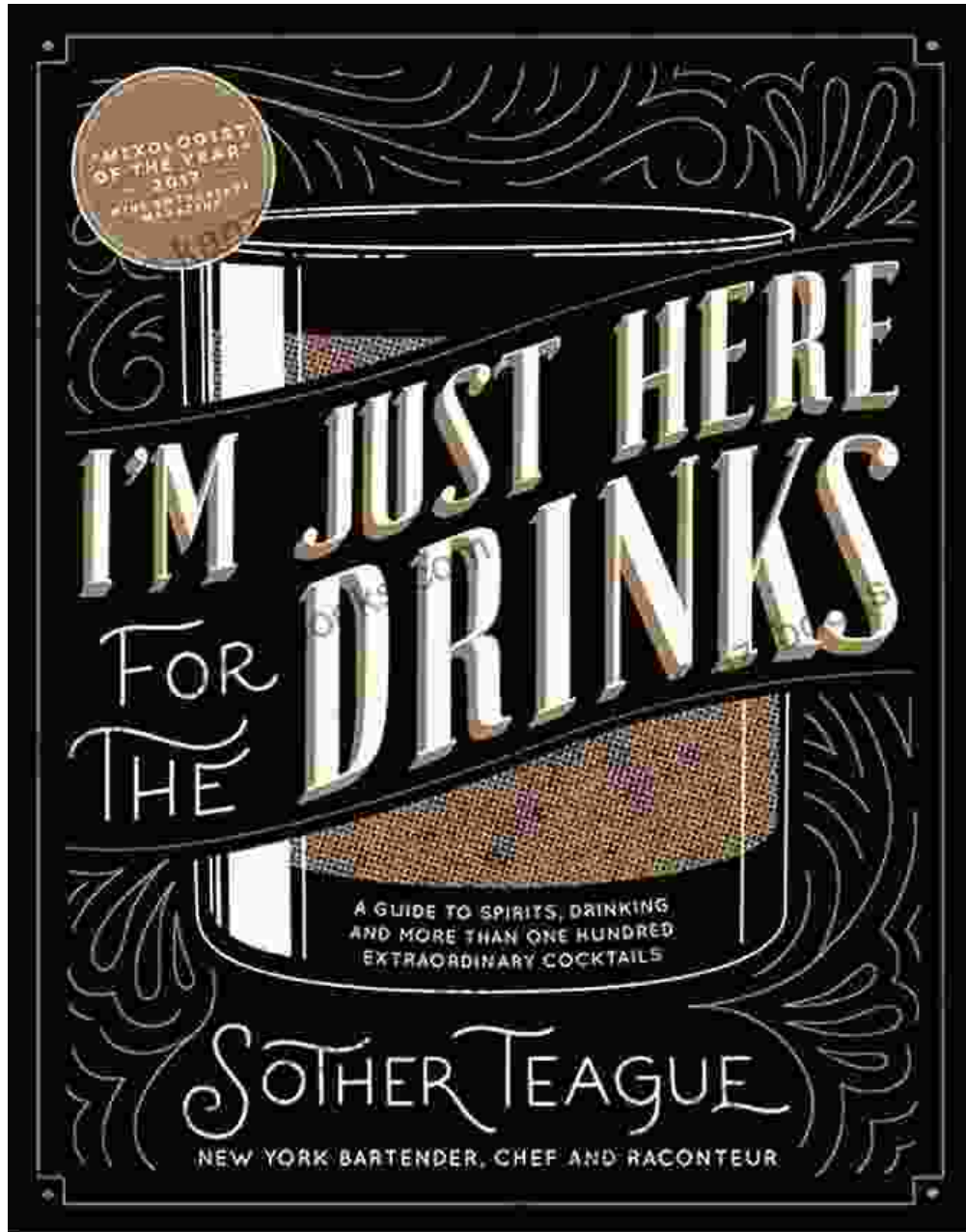


Life Before and After That Last Drink: A Journey to Sobriety and Rediscovery



Stumbling Home: Life Before and After That Last Drink

by Carol Weis

★★★★☆ 4.2 out of 5

Language : English



File size	: 11287 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 240 pages
Lending	: Enabled



In this gripping and deeply personal memoir, acclaimed author and former addict Susan Smith shares her extraordinary journey from the depths of alcoholism to the transformative power of sobriety.

For years, Susan lived in a cycle of addiction, denial, and self-destruction. Alcohol consumed her life, robbing her of her relationships, her health, and her spirit. But one fateful day, after hitting rock bottom, she made the decision to change. With the support of a 12-step program and the unwavering love of those who refused to give up on her, Susan embarked on a grueling and often painful path to recovery.

Life Before and After That Last Drink is a raw and honest account of Susan's struggle with addiction. She paints a vivid picture of the darkness and despair that consumed her during her drinking days. But she also shows the resilience, determination, and hope that allowed her to break free from the chains of addiction and reclaim her life.

Through her own experiences, Susan provides valuable insights into the nature of addiction and the challenges of recovery. She explores the triggers, cravings, and emotional turmoil that addicts face, and she offers practical tips and strategies for maintaining sobriety.

But *Life Before and After That Last Drink* is more than just a memoir. It is a beacon of hope for those who are struggling with addiction. Susan's story proves that recovery is possible, even after years of heavy drinking. With honesty, compassion, and humor, she shows that it is never too late to turn your life around.

Whether you are in recovery yourself or know someone who is struggling, *Life Before and After That Last Drink* is a must-read. It is a story of hope, redemption, and the transformative power of the human spirit.

Praise for *Life Before and After That Last Drink*

"Susan Smith's memoir is a powerful and inspiring account of her journey from addiction to sobriety. Her honesty, courage, and resilience are an inspiration to anyone who has ever struggled with addiction." - Dr. Gabor Maté, author of *In the Realm of Hungry Ghosts*

"*Life Before and After That Last Drink* is a must-read for anyone who has been touched by addiction. Susan Smith's story is a powerful reminder that recovery is possible, even after years of heavy drinking." - Johann Hari, author of *Chasing the Scream*

"Susan Smith's memoir is a raw and honest account of her struggle with addiction. Her story is a powerful reminder that recovery is possible, even after years of heavy drinking." - David Sheff, author of *Beautiful Boy*

About the Author

Susan Smith is a writer, speaker, and advocate for addiction recovery. She is the author of several books, including *Life Before and After That Last Drink*, *The Addict's Handbook*, and *The Sober Truth*. Susan is a passionate advocate for recovery and speaks regularly at addiction treatment centers and other events. She lives in California with her husband and two children.

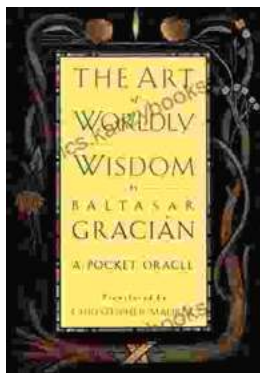


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