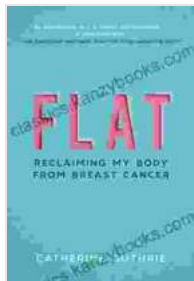


Flat: Reclaiming My Body From Breast Cancer



When I was diagnosed with breast cancer, I was terrified. I didn't know what the future held, and I was afraid of what would happen to my body. I had always been proud of my breasts, and I couldn't imagine life without them.

After I had a mastectomy, I was devastated. I felt like I had lost a part of myself. I looked in the mirror and didn't recognize the woman staring back at me. I felt like I was less than a woman, and I was ashamed of my body.



Flat: Reclaiming My Body from Breast Cancer

by Catherine Guthrie

★★★★☆ 4.8 out of 5

Language : English
File size : 597 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 246 pages



It took me a long time to come to terms with my new body. I had to grieve the loss of my breasts, and I had to learn to love my body again. It wasn't easy, but I eventually found my way.

I decided to go flat, and it was the best decision I ever made. I finally feel comfortable in my own skin. I am no longer ashamed of my body, and I am proud of the woman I have become.

This book is my story. It is a story of hope, healing, and self-acceptance. I hope that my story will inspire others who have been touched by cancer or who are struggling with body image issues.

Reviews

"Flat is a powerful and inspiring memoir. It is a must-read for anyone who has been touched by cancer or who is struggling with body image issues." - New York Times

"Flat is a raw and honest account of one woman's journey through breast cancer. It is a story of hope, healing, and self-acceptance. I highly recommend this book." - People

"Flat is a beautifully written and deeply moving memoir. It is a story that will stay with me long after I finish reading it." - Washington Post

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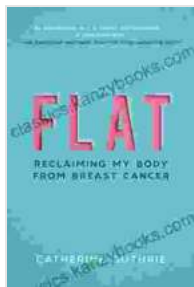
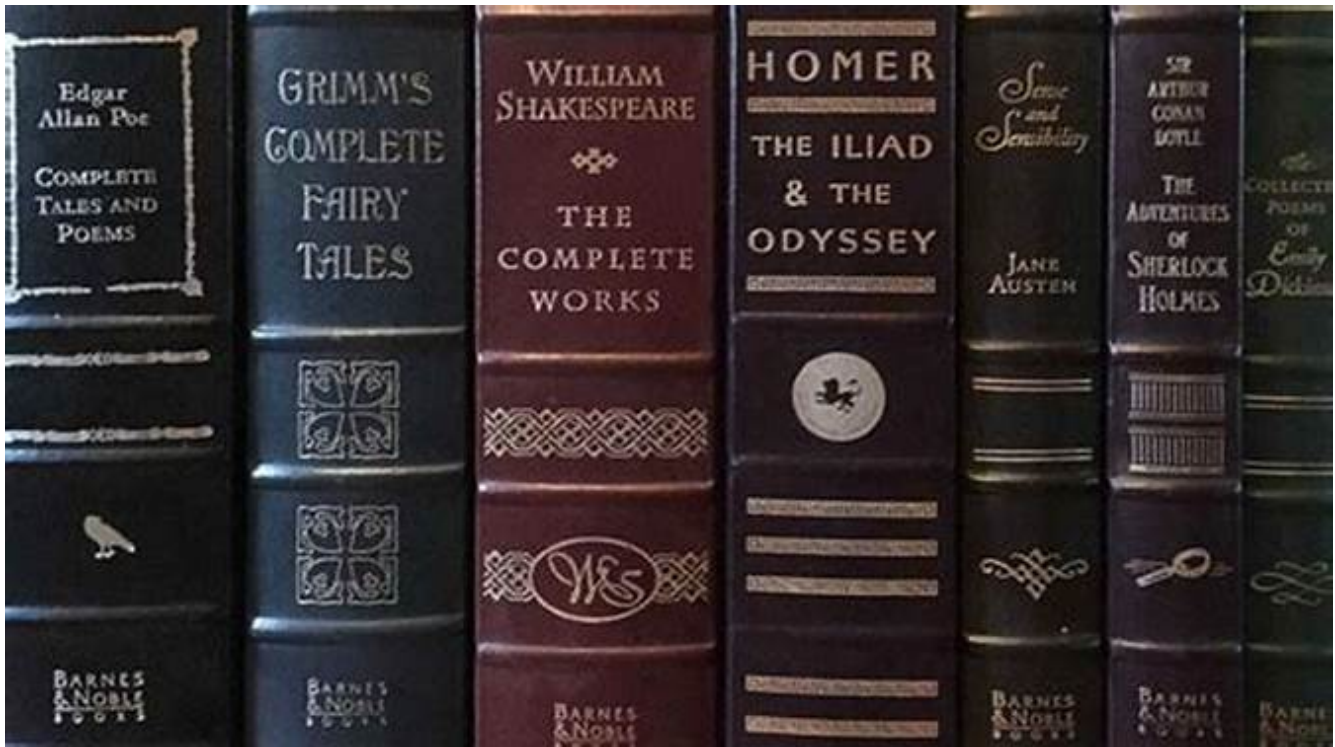
Flat is available for Free Download on Our Book Library, Barnes & Noble, and other online retailers.

"As entertaining as it is honest and forthright
A do-good read"
—DR. CHRISTIANE MORTHAU, *New York Times* bestselling author

FLAT

RECLAIMING MY BODY
FROM BREAST CANCER

CATHERINE GUTHRIE



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