

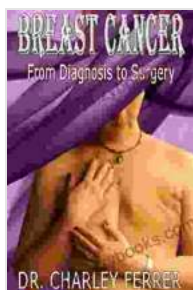
# Breast Cancer From Diagnosis To Surgery: The Ultimate Guide

Breast cancer is a type of cancer that starts in the cells of the breast. It is the most common type of cancer among women in the United States, with over 280,000 new cases diagnosed each year.

The most common symptom of breast cancer is a lump or thickening in the breast or underarm. Other symptoms can include:

- Changes in the size or shape of the breast
- Dimpling or puckering of the skin on the breast
- Nipple discharge
- Pain in the breast or underarm
- Redness or swelling of the breast

Breast cancer is diagnosed through a combination of physical examination, imaging tests, and biopsy.



## **Breast Cancer: From Diagnosis to Surgery** by Charley Ferrer

★★★★★ 5 out of 5

Language	: English
File size	: 1364 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Lending	: Enabled
Print length	: 239 pages



- **Physical examination:** Your doctor will feel your breasts and underarms for any lumps or other changes.
- **Imaging tests:** Imaging tests, such as mammograms and ultrasounds, can help to identify abnormalities in the breast.
- **Biopsy:** A biopsy is a procedure in which a small sample of tissue is removed from the breast and examined under a microscope. A biopsy is the only way to definitively diagnose breast cancer.

Treatment for breast cancer depends on the stage of the cancer, as well as your overall health and preferences. Treatment options may include surgery, radiation therapy, chemotherapy, hormone therapy, and targeted therapy.

- **Surgery:** Surgery is the most common treatment for breast cancer. The type of surgery you have will depend on the stage of your cancer.
- **Radiation therapy:** Radiation therapy uses high-energy X-rays to kill cancer cells. Radiation therapy may be used before or after surgery, or as a standalone treatment.
- **Chemotherapy:** Chemotherapy uses drugs to kill cancer cells. Chemotherapy may be used before or after surgery, or as a standalone treatment.
- **Hormone therapy:** Hormone therapy is used to block the effects of hormones that can promote the growth of breast cancer. Hormone therapy may be used after surgery or as a standalone treatment.

- **Targeted therapy:** Targeted therapy uses drugs that target specific molecules involved in the growth of breast cancer. Targeted therapy may be used after surgery or as a standalone treatment.

The prognosis for breast cancer depends on the stage of the cancer at the time of diagnosis, as well as your overall health and the type of treatment you receive. The earlier breast cancer is diagnosed and treated, the better the prognosis.

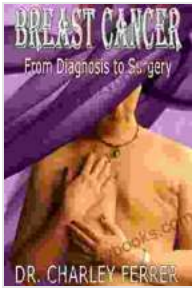
There is no sure way to prevent breast cancer, but there are some things you can do to reduce your risk, such as:

- Maintain a healthy weight
- Exercise regularly
- Eat a healthy diet
- Limit alcohol intake
- Avoid tobacco smoke
- Get regular mammograms

Written by a team of leading experts, this book covers everything you need to know about breast cancer, from diagnosis to surgery and beyond.

Breast Cancer From Diagnosis To Surgery is the essential resource for anyone who has been diagnosed with breast cancer, or who is at risk for developing the disease.

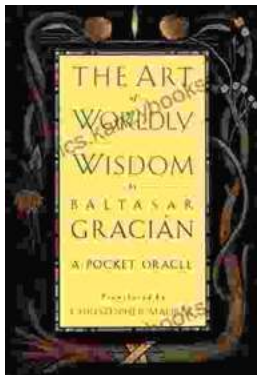
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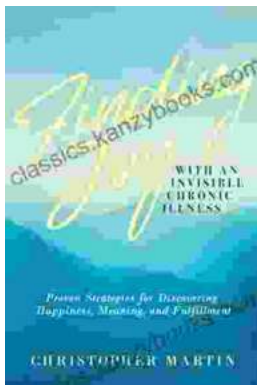
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